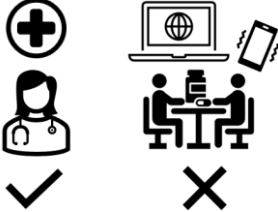

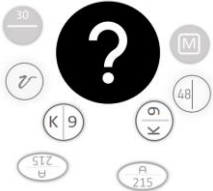

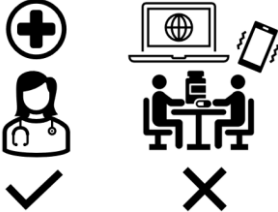


## Information for families

	<p><b>Pills from friends, and pills that you buy online or from social media, are not safe.</b></p>	<ul style="list-style-type: none"> <li>• If a pill comes from anyone other than a doctor or pharmacist, do not take it. It could be a fake pill.</li> <li>• Fake pills are not controlled. Each pill can have a different amount of drug. Every fake pill is a risk.</li> </ul>
	<p><b>Pills that a doctor prescribes for one person should be used only by that person, exactly as instructed.</b></p>	<ul style="list-style-type: none"> <li>• Do not take pills that were prescribed for someone else or that you receive from friends or other sources.</li> <li>• Everybody is different. A pill that is safe for one person can be harmful for someone else.</li> <li>• Any pill can be dangerous if it is taken wrong, such as too much or too often.</li> </ul>
	<p><b>Fake pills can look just like real pills.</b></p>	<ul style="list-style-type: none"> <li>• A fake fentanyl-laced pill can be any color. They are often blue, greenish, or pale-colored pills. More recently, law enforcement officers have seized fentanyl pressed into multi-colored pills that look like candy.</li> <li>• Some fake pills have marks that look like real pills. Some are marked "M30," "K9," "215," or "V48." Fake pills may have other markings or no markings.</li> </ul>
	<p><b>Schools and families want to help.</b></p>	<ul style="list-style-type: none"> <li>• Students can speak with their school counselor, or another trusted adult.</li> <li>• If a student feels unsafe or knows someone who feels unsafe, they can share concerns by going to <a href="mailto:SpeakUp@stu.ortrail.k12.or.us">SpeakUp@stu.ortrail.k12.or.us</a> or calling or texting 971-529-0292.</li> </ul>

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## Actions to take if you witness an overdose in your home or community

### **RECOGNIZE: Know the signs of an opioid overdose:**

- Pinpoint pupils
- Slow, shallow, or no breathing
- Gurgling or snoring
- Difficult to wake or can't wake
- Extreme drowsiness
- Cold, clammy skin
- Gray or blue skin, fingernails, or lips

### **RESPOND: If an opioid overdose is suspected, call 9-1-1 right away.**

Do the following if possible:

- Check the unconscious person's pulse and breathing.
- Immediately begin CPR if there is a lack of pulse or breathing.
- Administer naloxone (Narcan) as quickly as possible.

You can learn more about how to get naloxone (Narcan) and how to use it by visiting the [Narcan Rescue for Opioid Overdose](#) page from Oregon Health Authority.